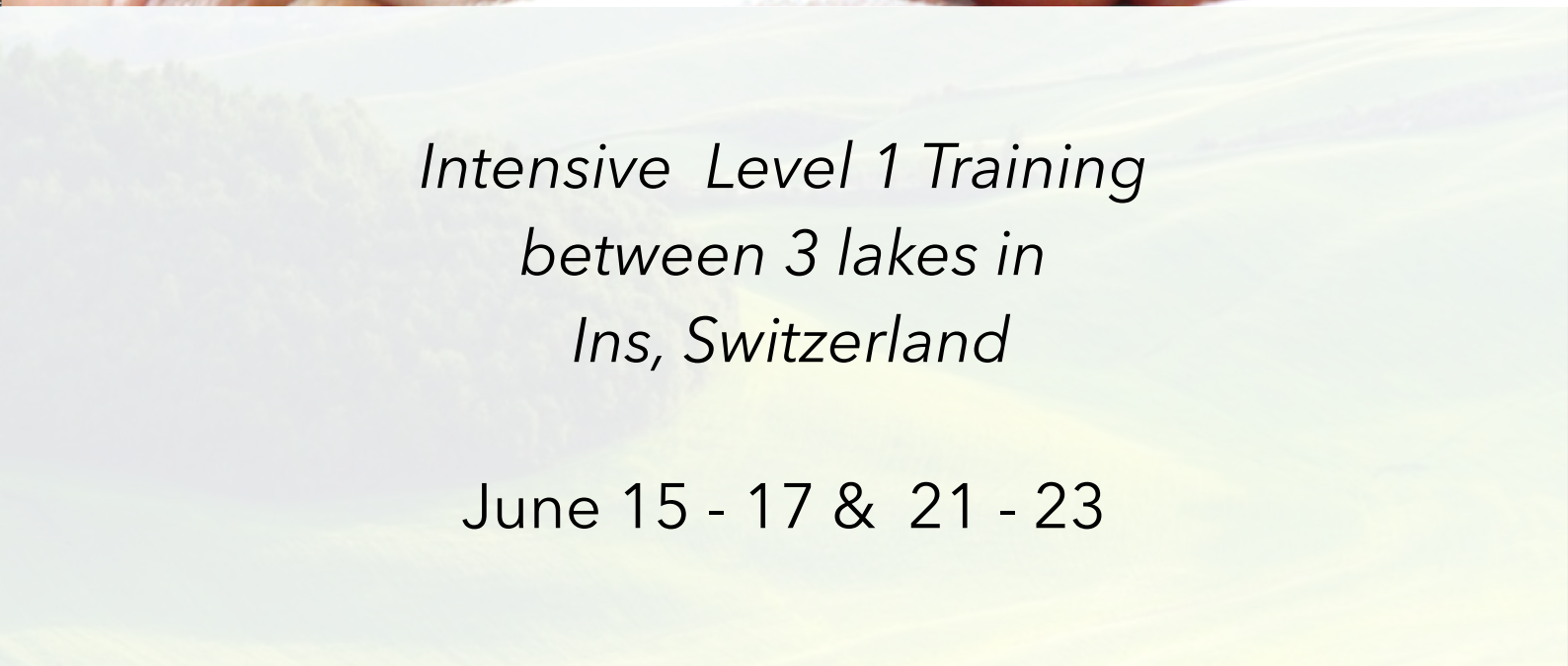


A close-up photograph of two hands being massaged. The hands are positioned in a way that suggests a massage technique. Overlaid on the image is a logo consisting of two overlapping circles. The text 'ALCHEMY OF MASSAGE ACADEMY' is on the left circle, and 'when TOUCH becomes art' is on the right circle.

ALCHEMY OF
MASSAGE ACADEMY

when
TOUCH
becomes art

A wide-angle photograph of a calm lake. In the background, there are rolling hills and mountains under a clear sky. The water is still, reflecting the surrounding landscape.

*Intensive Level 1 Training
between 3 lakes in
Ins, Switzerland*

June 15 - 17 & 21 - 23



We are happy to send you here detailed information regarding our upcoming Intensive Training in a beautiful part of Switzerland.

This Alchemy of Touch Intensive Training will give you the opportunity to expand your skills and profession & emerge yourself with like minded people in a unique transformational experience.

This training is co-created with *Inslot*, a centrum which supports healing and consciousness. The nature here resonates peace and tranquillity. Inslot has a lovely training space and can provide you with accommodations and food.

DATES:

6 days spread over two long weekends

June 15 - 17 & 21 - 23

These dates are the actual training days!

It is required to participate the whole duration of the training.



THE INVESTMENT FOR LEVEL 1 INCLUDES:

- Complete 60 Hour Intensive Myofascial Chi-Release Certificate Training Level 1
- Diverse morning meditations
- Training manual
- Personal guidance and support during the training by Tapeshe & Anouk
- Certificate of Completion upon sending 4 review for guidance & feedback on your sessions.
- Tea & snacks

THE INVESTMENT EXCLUDES:

- Flights
- Transportation from and to training location
- Accommodation
- Food & drinks
- Every participants is responsible to arrange their own transportation, accommodation etc. ~ Inslot will support you with this.



TRAINING SPACE, ACCOMMODATION & FOOD:

About Inslot:

Inslot is a mindful and heart oriented healing centre located in a traditional village called Ins, Switzerland. It is surrounded by beautiful nature and very close to three lakes and two mountain ranges. In the summer many Swiss come to spend their holidays in this area because of its moderate climate and the beautiful lakes.

The area is know for hundreds of years as a magical place. The Celts used to celebrate rituals in this area and the the village Ins lies on two crossing leylines.

In the last 4 years the old village of Ins grew to a national wide know community of alternative living with many artists, therapist and young families. Inslot is well integrated in this self organised community which count more then 100 conscious people.

Accommodation:

Inslot offers a single and double rooms with shared bathrooms and can arrange dorm beds.

Cost accommodation:

Single room with shared bedroom - CHF 55.- per night

Double room with shared bedroom - CHF 90.- per night

Dorm bed CHF 20.- per night

Food:

Breakfast and lunch CHF 35.- For those who are staying on site dinner can be provided at the cost of CHF 20.-

These logistics are taken care of and have to be communicated directly with Inslot. Gabriel & Lisa Nirava are our amazing & loving hosts: <https://inslot.ch/>





GETTING THERE:

Inslot is located in Ins, a small village 30 min by car or train from Bern Switzerland. If you travel from abroad you can either take the train to Bern or you fly to Bern (only a small airport), Basel, Zurich or Geneva. The airports of Basel, Zurich and Geneva are all more or less the same distance (approx. 2 hours by train). Basel and Geneva have cheap airlines like EasyJet, so this might be the best option. The trains to Bern and then to Ins go very frequently and are very comfortable.



Example daily schedule: (possibility of change)

* 8.00 am - 9.15 am

> Active/Sitting Meditation

* 9.15 am - 10.00 am

> Breakfast

* 10.00 am - 2.00pm

> Detailed visual explanation of the techniques, integrated with dynamic anatomy.

> Practice and guidance in applying the techniques.

* 2.00 pm - 3.00 pm

> Lunch

* 3.00 pm - 8.00 pm

> Detailed visual explanation of the techniques, integrated with dynamic anatomy.

> Practice and guidance in applying the techniques.

* 8.00 pm

> Dinner



* Morning & Afternoon Tea Breaks included.

June 18, 19 & 20 are spacious free days.

Those who come from abroad and will stay in Inns have the possibility to practice in the training space, join the yoga and mediation schedule which is provided by Inslot, go for nature walks and have the possibility to enjoy Bern and/or any surroundings in Switzerland. This will be for the participants personal initiative. The team from Inslot can support you with suggestions.

**TOUCHING THE CORE OF OUR BEING THERAPIST & CLIENT
BENEFIT EQUALLY FROM AN ALCHEMY OF TOUCH SESSION**

Upon completion of this training you will be able to give Alchemy of Touch Myofascial Chi-Release Massage & Bodywork sessions.

INVESTMENT LEVEL 1 TRAINING SWITZERLAND: *Prices are in Swiss Franc!*

CHF 1495,- Early Bird SPECIAL till January 31

CHF 1595,- Early Bird by March 31

CHF 1695,- Regular Price

Your place in the training is reserved by making a deposit payment of 30% (or full payment) of the tuition fee.

You can simply register for the training by filling in our online application form, here is the direct link:

<https://alchemyoftouch.com/courses/application/?c=Intensive-Certificate-Training-Level-1-&d=2019:-June-15,-16,-17,-21,-22,-23&l=Ins-near-Bern-Switzerland->

Once we received your application form we will connect you with Inslot who takes care of the details regarding the payment.

Your place in our training is confirmed after receiving both your application form & payment.

To avoid disappointment we always let people know that our trainings fill up fast. Our trainings are hands-on the body from day one, so you will practice on each other. There fore we also have to note that we teach with an even amount of participants. In case we will have an uneven amount of registrations the person who registered last will have to attend the training at another date. In that way who ever registers first is sure to have their space reserved.

Thank you for your understanding.





Please let us know if you have any other questions, we happy to answer you.

We look forward to welcome you @Inslot in Switzerland to share a journey of expanding and learning new skills in relaxation and joy!

With Warmth,
Tapesh & Anouk

www.alchemyoftouch.com

Facebook: Alchemy of Touch Massage